

You Are Awesome In God's Sight



Daily Spiritual
Protection Prayers
For Young People

Peter Yaxley

You Are Awesome

As a young Christian God sees you as awesome. You have so much potential and so much to give. Being young means you have a long life ahead and the energy of youth. You don't have to wait till you are older to start serving God. God used a young David, a young teen called Mary and a young Timothy, among many others, to live out His purposes and change the course of history. Under God's leadership and guidance by the Holy Spirit you can also be a history maker now. Paul said in his letter to a young Timothy, *"Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity."* 1 Tim. 4:12 (NLT)



This means that you aren't disqualified from being an influential Christian because you are young. Once you have joined the Family of God by repenting of your sin, accepting Jesus' gift of new life through the sacrificial death on the cross and His resurrection, being baptised in water and receiving the Holy Spirit, you are equal with every other Christian on the planet. Your Christian life and ministry doesn't start in the future. It begins right now! You are awesome now because of the Awesome God living in you. Allow the Holy Spirit to start using you in God's kingdom purposes today.

The Key of Prayer

God's purposes for you are great! But we live in a world where other forces will seek to rob you of your destiny. Adventuring with God takes us into unknown places, and along unfamiliar paths. In those places we are short on our own wisdom and resources. But God doesn't leave us on our own to figure out the route for our lives. He has given us His Holy Spirit as our companion as we go, the Bible full of helpful directions and the gift of being able to talk and listen to Him, which we call prayer. Prayer connects us to God who knows us and loves us amazingly. He wants to share His resources of help, direction and power with us. Learning to ask for His help each day and spending time with Him is one of the best things to help you be ready for this amazing adventure.

Starting each Day in Prayer

Starting each day in prayer and asking for His help is like spiritually **greeting your best friend!** God lives in us. 1 Cor 6:19 *"Do you not know that your body is the very sanctuary of the Holy Spirit, who lives within you", Whom you received from God as a gift?* When we ignore Him it's a bit like ignoring your best friend.

When you spend time with friends you get to know them better. Learning to take time praying and reading the Bible daily helps grow your friendship with God, so you'll understand Him more and learn about His love for you. You will learn to **trust Him** as you step out each day on this life adventure with Him. He will be your trusted, welcome and valued friend helping and leading you through each day.

Prayer is a bit like **plugging our phone in to the charger** to power it for daily use. A phone isn't going to last long without being recharged! So it is with us. Prayer and communicating with God **CONNECTS** us, like the phone, to the source of help, God. **POWER** from God is given to us when we choose to spend time with God. The Bible says that we should ask for God's power and help, "plugging in" regularly. As we learn to ask Him for help we receive, *"For everyone who asks and keeps on asking receives."* Luke 13:10




Prayer also **shields us from the things that aren't helpful in life.** We live in a less than perfect world where forces operate that oppose God's great plans for us. Have you ever left home without getting dressed first? Once my wife went to primary school still wearing her pyjama pants because she was running late. She made sure she never made that mistake again! Getting dressed is something we do each day to be presentable. In a similar way some types of prayer called prayers of protection are like **putting on our spiritual clothes** to help protect and shield us in a similar way that clothing protects us from the sun or keeps us warm.

Praying Using this Booklet

One thing that helps keep our focus on God (keeps us dressing in His strength and keeping our spiritual boundaries secure) is to take time to read the Bible each day and pray. To make it easy I've written down a **key verse and some short prayers** that help keep our eyes on God and living with His power. They have been written for young Christians who are committed to being the best they can be.

Seven days
without
prayer
makes
one
weak.



There is a prayer and Bible verse to **read each day** plus a few other special prayers. It will take a month to read through the booklet. Then start again! Or use the ideas to pray in your own words or even write your own prayers. They contain lots of variety from day to day so that you don't become too familiar with them. Any repetition is there on purpose because we need to be reminded daily of some truths.

Prayer is Like Brushing our Teeth!

We all know that brushing our teeth is good for us. If we don't do this daily, tooth decay will most likely set in eventually. This will then require some form of major work to stop it affecting our teeth then our whole body. Praying each day using prayers such as these in this booklet are like a daily spiritual tooth clean, designed to stop truth decay. Like tooth brushing, they work best prayed regularly.

What you Will Find

There are words of God's truth from the **Bible** at the top of each page, above each prayer, **to strengthen you**. It is important to get to know the Bible and be able to use its words to help us to live in such a way as to please God. (Heb 4:12). God's Word found in the Bible is powerful. We need to believe it, use it to pray and feed on the living power it contains. When we speak out God's Word it brings life and overcomes negativity.

Satan's work is to tempt us to speak words that are out of alignment with God's truth and do things that God doesn't want us to do. We need to know the difference. Getting to know the principles in the Bible helps us discern this difference. If you speak words of fear, permission is given to the devil to oppress and gain a stronghold. If you speak God's truth through the Word you give God permission to bring life. We are choosing constantly whether to give life to God's plan or to the enemy's plan.

You will find these prayers provide a **fresh focus on God**. Because it is very easy to forget, the prayers serve to jog your memory daily of our wonderful relationship with God and bring our focus on what He means to us, keeping us clothed in His beautiful presence.

The prayers also **remind you** that you are a son or daughter in the family of God. You are given the gift of new life because Jesus died and rose again for you. They remind you of the power you possess in partnership with Jesus as the Holy Spirit fills you daily. They remind you of the often unseen battle that is going on inside you and around you.

Some of the prayers also **ask God for His help and protection** so they help you dress in God's armour. As young Christians it is important to remember that we have three pressures working against us: our own human weaknesses (which the Bible calls sin), the culture and society around us and the devil himself. While Jesus has defeated the devil and given us power through the Holy Spirit to overcome our weaknesses, we still give in to doing wrong things and fall short of the wonderful life God wants for us. While we live in the victory that has been won through Christ, we are not there yet! There are some things we can do to make use of God's protection that help you undermine the enemy's plans against your life, just like we use keys to lock our homes and cars. It includes putting on our spiritual 'armour' daily, reminding ourselves of whose child we are and taking on God's power to walk wisely.



Lifestyle

The prayers written in this booklet are not magic words that will make all your problems and temptations go away. You will do the wrong thing at times and fail God but the true follower of Jesus recognises this, admits it, says 'sorry' to God and asks for His help to change. Reading and praying the prayers contained in this booklet will not 'work' if they are not backed up with a life-style that honours God. These prayers are not ever to replace your deep relationship with God and obedience to what He says in the Bible. The words need to be prayed to God with your mind switched on and your heart open to hear what God is saying to you through them each day.

Many people of all ages around the world have said how this sort of daily prayer is helping them to focus their day on God, His protection and His ever present help in their day.

God's Armour Explanation



When the Bible says to put on the armour of God it is really saying to wear: the Truth of God, God's Righteousness, God's Peace, God's gift of Faith, God gift of Salvation and God's Word (The Bible). God's truth, like a belt, holds everything together. God's righteousness is like a breastplate that covers our heart. God's peace, like shoes, enables us to walk (or live) victoriously. God's gift of faith, like a shield, helps us to trust Him above all the other pressures that come against us (the devil's fiery arrows). God's gift of salvation, like a helmet, helps us to keep our thinking right. The words in the Bible that God has inspired, like a sharp sword, help us to know which are our thoughts and what are God's thoughts or desires for us. It is important that we have a deep respect for God and give Him honour by thanking Him and praising Him all the time. This helps to keep Him uppermost in our own thinking so it comes out in our actions and attitudes. Here is an example of how you can pray on the Armour of God. Remember it is what each item represents that is most important.

Prayer to Put on the Armour of God

(Eph 6:10-18)

Thank you for your armour. I place around my waist the belt of truth. Lord Jesus, please help me know Your truth so I can be free. I am able to make good choices because You have broken the power of sin. I am a new person. Holy Spirit please guide me and help me to make wise choices in life. Please instruct me in what I should do.

I put on the breastplate of righteousness. Through the cross You made me clean. Please forgive me for my sins. Show me, Holy Spirit, of any wrong doing and search my heart. I ask for the covering of the blood of Jesus over me today. I ask for boldness to do Your will today. Help me to show Your love and speak Your words out of gratitude for what You have done.



I put on the shoes of the Gospel of peace. Help me to be prepared to live the Gospel in my attitudes and actions. I thank You that You have welcomed me into the New Covenant and that Your ways and will is written on my heart. Help my life reflect the Gospel of peace in all I do and say. Use me Lord to bless someone today.

I take up the shield of faith which quenches everything the devil throws at me. Help me to have faith in You to overcome the pressures of the people around me. Your word says, "I can do all things through Christ who strengthens me." (Phil. 4:13) I will trust You to protect me from the evil one and deliver me from the evil of this present world.

I place on my head the helmet of salvation, the hope of glory. Please Lord, help me to think like Jesus. Help me to ask, "What would Jesus do?" so I can have a clear and healthy mind free from the attack of spiritual forces, my own nature and the culture that surrounds me. I ask for help to think on things which are good, pure, perfect, lovely, and of good report. Please help me keep my thought-life obedient to Christ's ways. I ask that the Holy Spirit would inspire, direct and shape my thoughts.

I take the sword of the spirit which is Your Word. I thank You for the power of your Word found in the Bible. Please help me to read and remember the Bible. Your Word is true. Help me to choose to live according to Your Word. Help me remember Your Word so that I will not sin against You. Please help me not to lose courage as Your person.

Help me pray in tune with Your Holy Spirit so I might be strengthened each moment of the day. Help me to pray according to Your will and remember that You are with me all the time.

Help me praise You through this day. I will praise You and thank You for every good thing because You are worthy of all praise. Please help me praise You even when things don't go well. Place Your joy deep inside me so I can stay positive and loving

I thank You Lord that You are a God of healing, provision, and restoration. Please heal my spirit, mind and body. You took my sicknesses with You on the cross. You provide everything I need. Help me to want Your loving and caring ways rather than the ways of the world around me. Help me to have a serving attitude. You are the God of restoration and I ask that You restore me where I need it physically, emotionally and spiritually.

Thank You, Lord, for the fruit of your Spirit. Please help me grow in love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Thank You for the gifts of the Spirit. My desire is to help others through the gifts You have given me. I ask for Your help to serve them with love, wisdom, knowledge and faith. Please grow in me the gifts of the Spirit You have placed in me and open me to other gifts. Help me to encourage someone today through the power of Your Holy Spirit.

I pray all these in Your Holy name, Jesus. Your name is above every other name. All things are placed under Your feet. All authority has been given to You in Heaven and on earth. In You I live and move. You are Lord. Amen.

Daily Prayers

Day 1

"If you confess with your mouth that Jesus is Lord and believe that God raised Him from the dead, you will be saved."

Romans 10:9

Thank You Lord Jesus that You have saved me and want to show me the best way to live. Thank You for Your example in the Bible. Thank You that I can trust You because Your ways are true. Please help me to live the new life you have purchased for me on the cross. Please fill me afresh with the Holy Spirit so I will have the power to live this new life. Help me to want to please You in all that I do.



Thank You God for the deep peace You give me. Help me to take hold of it and apply it to my life.

I stand on the victory You have won over sin, Lord Jesus, where all the evil powers are under Your rule. Come into my life in a fresh new way and help me in all aspects of my life. Keep our relationship precious and vital.

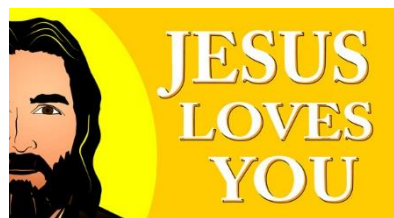
In the mighty name of the Lord Jesus Christ I ask for Your protection and guidance in all that I do and say this day.
AMEN

Day 2

“All have sinned and fall short of God’s standard.”

Romans 3:23

Lord God, as I go into this day I acknowledge and welcome Your presence with me. Thank You that will help and protect me. Please remind me through this day that You are with me no matter what I face.



I know I fall short of Your standard and I ask that You refill me with Your Holy Spirit so that I might have the power to live for You today. I pray for the fruits of the

Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control to be visibly evident and growing in my life.

I hand over to You all the things that may be used against me for evil in my life: things that divide in unhealthy ways, heated disagreements, abusive anger, resentment, criticism, condemnation, pride, jealousy, gossip, insults, lying, fear of not having enough, just doing things without purpose, using demonic spiritual power and things that undermine who Jesus is. Father, please take control of all spiritual powers and send their influence from me in Jesus mighty name. Help me to live the awesome life You want me to live. AMEN

Day 3

“But you will receive power when the Holy Spirit comes upon you and you will be my witnesses.” Acts 1:8

Lord Jesus, thank You for this new day. I ask for the power of the Holy Spirit to help me in everything that I do today. Please guide and direct me. Protect me and cover me with Your powerful, cleansing blood. Please put Your angels around me and place a hedge of protection around me so that the devil cannot have the victory over me this day. Please forgive and cleanse me of my sins.

In the name of the Lord Jesus Christ, I surrender myself to You and Your purposes in my life. Help me to choose Your ways over the pressures of the society around me. I ask that You help me think in ways that please You. I pray that You would show me all the great things You have planned for me today.

Help me to be prepared to testify about how great You are. Help me to show Your love by serving others. If I have the opportunity to speak about You, please give me the right words. AMEN



Day 4

“For we know that all things work together for good to those who love God and are called to His purposes.” Romans 8:28

Lord God, I thank You that You are as close as the air that I breathe. As I go into this new day let my life show the peace I have in You because I know You make all things work for my good. Help me to live by faith and not be fooled into thinking what I see around me is all that there is.

Lord help me to listen to Your still small voice to guide me throughout this day so I can stay in the centre of Your will. Please help me to be prayerful and Spirit-led right through today. Guide my thoughts and help me to choose things that enhance life and not those things that diminish it. Please Lord, build me up and give me strength for the day.



Please help me to keep praising and glorifying You no matter what I may face today. Remind me to pray for others and look out for them so I can be a blessing. I ask for your

grace and truth to follow me in every part of my life today. Father, I pray that Your will and purposes be lived out in all my life. In Jesus' name, AMEN

Day 5

“The wages of sin is death but the gift of God is eternal life (now) in Christ Jesus our Lord!” Romans 6:23

Lord God, I thank You for this new day and that I have that gift of eternal life now. Thank You for fresh new life in relationship with You and I give You praise and heartfelt worship. I acknowledge afresh that You have a loving authority over my life. Please help me to accept that You are the kind and gentle Leader and you love me extravagantly wanting the very best for me.

Please Lord, forgive my sins. I confess I let You down in so many ways each day and this isn't good for me or those around me. Please Holy Spirit show me where there is anything not pleasing to you in my life and any secret sins or habit I'm not facing. I ask for help to boldly face my shortcomings and give them to You. Help me, Lord Jesus to have victory over sin in my life.

Help me to confess sin, turn from and get rid of anything that stands between You and me. Please help me to think on what is pure, wholesome and loving towards all people. In Jesus' name, AMEN



Day 6

“The thief comes to steal and destroy but I have come that you might have life to the full.” John 10:10

Lord Jesus I thank You that You see all the potential in my life.



You have good things planned for me. Please Lord, help me to stand against the wiles of the devil and his deceptions at all times. I pray that You would help me and protect me from all spiritual forces that are coming against me. My desire is to love and follow You.

Thank You that through faith in You I have victory over the powers of darkness. Thank You that I can do all things through Christ who strengthens me. Please help me to rest in Your peace at all times.

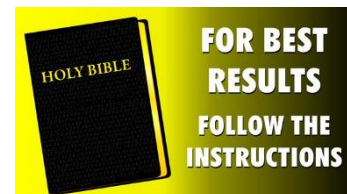
I thank You that You are mighty, powerful and faithful. Help me to remember this today as I seek to do Your will. Help me to remember that I am Yours and You are mine and You love me extravagantly. Thank You for Your loving protection over me, Lord my God. AMEN.

Day 7

“Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love.” 1 John 4:7, 8

Lord Jesus, thank You that You love me and want the very best for me today. Help me to live the fresh new life You want me to live. Please guide my words, thoughts, judgments, actions and reactions. Help me, Holy Spirit do the works God has prepared for me to do today.

Dear God, I ask for Your help to turn from things that don't please You like: impure thoughts, looking at others and wanting what they have, evil desires, wanting more than is needed, lies, anger, taking anything that doesn't belong to me, and harmful talk. Help me to be attracted to things that please You like: meaningful activity, generosity, encouragement, consideration for others, compassion, forgiving people for doing wrong, obeying the law of the land, and doing God's will. Help me to know my limitations and be



willing to put others first. Help me to not be in a rush but be patient at all times. I know that I need Your help to live this way. Please help me, I pray. AMEN

Day 8

“In the beginning God created the heavens and the earth.”

Genesis 1:1

Lord God, I thank You for this new day and all it holds in partnership with You. Help me to experience the beauty of Your creation as You lead me today. I ask that You fill me with Your love that it might flow out to others. I ask for Your spiritual protection through the covering of the blood of Jesus Christ. I ask that You clothe me in protective armour for the battles I face today. I believe with Your help, nothing can defeat me and if anything wrong is said about me You will bring about justice because I am Your servant and friend.



Please Lord, help me to live the life You want me to live. Help me to make wise choices today that reflect our relationship. Help me to resist the devil and all his schemes. Help me not to conform to peer pressure when it goes against what pleases you.

I pray for protection from sickness, pain, infection, disease, viruses, tumours, cancers or injury. Please place Your healing and protective hand upon me today. Help me to have wisdom to care for my body. Please help me to exercise and eat the right foods. I pray that You would help me to have self-control in all areas of my life. AMEN

Day 9

“For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God—not by works, so that no one can boast.” Ephesians 2:8,9

Father, I acknowledge You as my God and You have saved me. I accept this grace gift afresh today. Thank You for Your peace and that I am secure in You. Help me submit to Your will and design for my life. Please take my body, soul, mind and spirit, conscience and sub-conscience and use me for Your high purposes.

Please Lord Jesus protect my heart motives from all types of unforgiveness, fear, rebellion, resentment, rejection and being wrongly judgemental. Help me to walk in peace and harmony with You and all I come into contact with today.

Lord Jesus Christ, help me turn from my sins, those things I should not have done and those things I know I should have done but didn't. I ask for Your forgiveness and look for Your restoration and help to change. I want to go into this day free from sin and cleansed by the blood of Christ. AMEN



Day 10

“Therefore, if anyone is in Christ he is a new creation; the old has gone, the new has come!” 2 Corinthians 5:17



Lord God, I thank You that I am a new creation and You love me extravagantly. I commit this day to You for Your glory and Your love to flow in me and through me. I thank You for Your sustaining power and recognise afresh that I need You. I can't do *anything* without You.

You are true and because of this I know I am set free from the power of sin to be all You desire me to be. Please help me take hold of this truth in my life and wrap it around me like a belt. Help me to live in Your truth for Your glory.

I ask for Your protection from evil spirits that would seek to control my mind and turn me against You. I ask that You would guard my mind from being depressed or oppressed or confused. Please help me to have a clear mind that thinks the way You think with love and purity in all things.

Help me to turn from any sin I have committed so the enemy won't have any strongholds in my life. I ask that You would show me specific sins so I can confess them and keep close relationship with You. Please cleanse me with Your blood so I can live in freedom from sin and shame. I pray this in His wonderful name, thank You Lord. AMEN

Day 11

“For I know the plans I have for you,” declares the Lord, “Plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11

Thank You Lord, for saving me, accepting me and giving me new life in Christ with wonderful plans. Please help me to live life to the fullest according to Your intention. Thank You that You see me as awesome and having great potential.

I understand that the devil will be doing things to unsettle me and try to make me turn from following You. Help me to recognise them and stand in faith in You like a shield of protection over me.

Please recharge me with the Holy Spirit today. I ask for new Scriptures to be made alive to me and that I might be refreshed by them today. Please help me to put into action the things that I know and the things You remind me of from the Scriptures. I pray that You would grow me in Your will and purposes so I can be a good citizen of Your Kingdom and bring glory of Your Name.

I pray for Your sustaining and protective power to usher me through this day. Please help me to honour You in all that I do and say. Help me to have attitudes and conduct that glorify You. AMEN



Day 12

“Jesus Christ is the same yesterday and today and forever.”
Hebrews 13:8

Lord Jesus thank You that You love me so much that You chose to die for me. Thank You for the pain and the separation from the Father that You endured for me. Help me to be ever grateful. Thank you that I can trust You because You don't change Your nature or who You are.

Please Lord, help me to turn from all impurity, lust, worldly mindedness, pride, envy, a critical spirit, slanderous words, lies, cheating, bad temper and stealing. Please help me to choose life and live a meaningful life filled with generosity, encouragement, kindness and compassion. I pray for help to be a humble servant, gentle and patient towards all people. Please help me to live in Your peace with those around me today.



Please help me to think on things which are good, pure, perfect, lovely, and of good report. I ask for self-control over my mind today. I ask for help to overcome all the powers of the devil in Jesus Christ's name. I ask for help to not be distracted from Your purposes in my life. I ask the Holy Spirit to inspire my thoughts and my dreams, my visions and direction in life. AMEN

Day 13

“Because of the Lord's great love we are not consumed, for His mercies never fail. They are new every morning; great is Your faithfulness.” Lamentations 3:22-23

Father, my heart overflows with thanks to You for Your mercies and faithfulness, brand new this morning. For all the good things that You give me. For people who love me. For a future filled with limitless hope. For peace of mind which goes beyond all understanding. I thank You for a place to live and for my needs being met, for food, clothing and finances. Thank You for every good gift.

I pray that You would refresh me today. Please revitalise me with the Holy Spirit so I might be ready to do the good works that You have prepared for me to do. Please show me what these good works are. Please lead me to them and give me all I need to do them.

Father, today I recommit my life to You, totally, spirit, soul and body. I ask that You do Your work in me this day. Bend me, break me, and mould me to make me the person You want me to be. I praise You Father, for the blood of the Lord Jesus Christ that heals the weakness of my spirit, soul and body. Thanks for its cleansing, renewing and protective power and that it covers all my sins. I praise You Father for the shed blood of Jesus that has power to free me from anything that stops me from being who You want me to be. In Jesus name. AMEN

Day 14

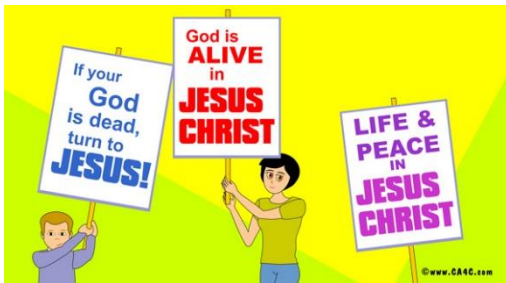
“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight.” Proverbs 3:5,6

Jesus, I thank You that You are with me today and want me to be the best I can be for Your glory. Please help me to trust You with all my heart. I pray that You would help me stand in Your mighty armour this day. Please help me rest in Your truth, righteousness, salvation, peace, and show me how to use my faith as a shield. Help me to use the sword of Your Word well.

Please cover me afresh with Your cleansing blood totally, spirit, soul, and body. I also cover those close to me (friends & family) as well as my home and my possessions with the blood of Jesus Christ.

I pray that I might live a life pleasing to You, being fruitful in every good work that You set before me. Help me, I pray, to walk in Your all sufficient grace. Thank You that You have not given me a spirit of fear, but of power and of love and of a

sound mind. All this I pray and ask in the blessed name of Jesus Christ, my Lord and Saviour. To God be the glory. AMEN



Day 15

“Do not just listen to the Word, and so deceive yourselves. Do what it says.” James 1:22

Lord God, as I begin this day I praise and honour You and proclaim You as Lord over my life. Thank You that You are all loving and totally just. I confess I need You and ask that You fill me afresh with the Holy Spirit so I can do what Your Word says. I am reminded and acknowledge that You, Lord Jesus Christ, are the Way, the Truth and the Life. Help me conduct myself in ways that show You as truth in my life.



Lord Jesus, I ask that You help me to stop my disobedient and sinful nature having any influence in what I do and say this day. Please protect my heart from all unforgiveness, shame, guilt, fear, doubt, anger, bitterness, rebellion, resentment, rejection, pride, self-righteousness and wrong judgement of people. Help me to always glorify You Lord Jesus Christ.

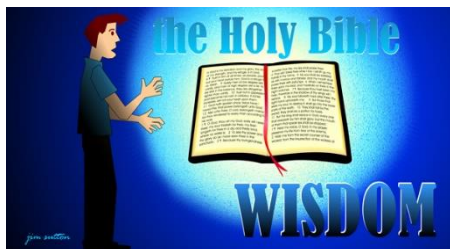
Please Lord Jesus, help me to walk in victory and protect me from passivity, lethargy and a lazy life. Please show me where You want me to be and what You want me to do today. AMEN

Day 16

“Whatever you do, work at it with all your heart, as working for the Lord, not for people.” Colossians 3:23

As I turn towards You this morning Lord, I ask that You renew my mind today. In the name of Jesus I ask for spiritual protection over my mind and help with my thinking. (You might want to mention specific issues that might be worrying you like fear, bullying or wrong criticism). I pray for a calm mind and ask for Your help in all I do and say. Lord Jesus, help me to only speak what You would want me to say. I recognise that how I see myself comes from the way You see me. The Bible says how much You love me so please help me to live in that truth.

Dear God, protect me physically, emotionally and spiritually. Send Your angels of protection to be around me. I ask You to protect me from: pain, infection, inflammation, things that cause cancer, allergies, viruses, and injury. I ask you to help me to live the best life, like You intend me to. Help me remember that You live in me through the Holy Spirit. I am cleansed and freed from sin by the blood of Jesus; therefore the devil has no place in my life and no power over me. Help me with my conduct and attitudes so that I can truly show my love for You and other people during this day. In Jesus name, AMEN



Day 17

“Submit yourselves, then, to God. Resist the devil, and He will flee from you.” James 4:7

Lord God, I thank You that I am Your child and co-heir of the Kingdom, Your servant and friend. Thank You that You hear my prayers. Thank You that there is no weapon formed against me that will prosper and every tongue that rises against me in false judgement shall be shown to be wrong. You, Lord God protect me and my position is to praise, thank and glorify You. Help me to resist the devil.

Forgive me for my active sin choices where I have chosen to think things that aren't pleasing to You, pride, envy, being critical, saying unkind things about others, making a joke of serious things, lying, cheating, bad temper and hindering others from being useful.

Please help me to put off what belongs to my earthly nature: impurity, lust, evil desires, greed, telling lies, anger, stealing and rude speech. Please dress me in what belongs to my heavenly nature: meaningful activity, generosity, encouragement, kindness, compassion, forgiveness, obedience, humility, gentleness and patience.

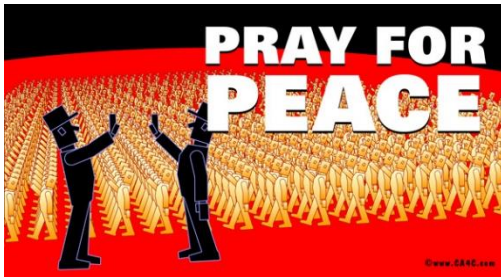
Thank You Lord for Your gift of faith. Help me to grow in faith in You today so that I will not fall into disobedience. Help me to walk by faith and not by what I see around me. In Jesus name, AMEN



Day 18

"If you confess your sins He is faithful to forgive you and cleanse you from all unrighteousness." 1 John 1:9

Lord Jesus, today I acknowledge that what You did on the cross gives me power over my sinful nature. I thank You for this free yet sacrificial gift. Help me to have the courage to confess my sins to you. Thank You that You are faithful to cleanse me from all unrighteousness. Please protect me from my own evil and sinful desires.



In making a fresh conscious decision to accept Your wonderful free gift of salvation, Lord Jesus, I need Your protection for my mind. Please help me to have

faith to guard myself from Satan's lies. In the powerful name of Jesus I bind all spirits that would try to wrongly influence my thinking. Keep my faith in You strong.

Thank You for the Bible that tells me about Your character and how precious I am to You. I ask You, Holy Spirit please remind me of God's truths throughout this day. Help me to show Jesus' character in my actions and attitudes. May I bring something of His presence to those who don't know Jesus as Lord and Saviour. I pray for Your divine appointments and the wisdom and courage to do Your will. In Jesus' name, AMEN

Day 19

"I am the Way, the Truth and the Life. No one comes to the Father but by Me." John 14:6

This morning I acknowledge that you Lord Jesus are the WAY, the TRUTH and the LIFE, the Son of God, the Messiah. Help me to remember these truths today. Please protect me from the wrong things that I might hear and believe about You today. Thank You that Your truth sets me free to live in Your special freedom today. Help me to walk in the victory You have purchased on the cross. Protect me from all forms of slackness that goes against Your good and perfect will for me today.

Please Lord guard me emotionally (what I feel), mentally (what I think), and spiritually (my relationship with You). In Jesus' name please cut off from me all unhelpful sensitivity, all shame, emotional wounding, and bruising from verbal abuse. Please protect and renew my mind.

Thank You, Lord Jesus Christ, that through faith in You, I have Your righteousness as a free gift. Help me live in this precious righteousness today and protect my heart and mind from wrong attitudes and actions. AMEN



Day 20

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.” Galatians 5:22-23



Lord God thank You that You care about me so much that You want what is best for me. Please help me only speak what is helpful. Help me to grow in the fruits of the Spirit (listed above) that show Your character. I ask

for freedom to speak Your Words of love, peace and hope this day. Please equip me with Your mighty armour so I can live free today.

Help me please to use the Sword of the Spirit, the Word of God. Give me strength to take my stand, firm in faith and trusting in You and Your provision for all I need today. Help me to lean on You for my self-esteem and emotional needs when I get hurt by words or actions of people.

I pray that You would lead me into the places You want me to go and for wisdom and courage to do Your will. Please Lord, grow me more and more to be like Jesus. Increase my love for You. Help me be an agent who shows Your love. In Jesus' name, AMEN

Day 21

“We are more than conquerors in Christ Jesus.” Romans 8: 32

My desire Lord Jesus, is to stand in faith on You the Solid Rock in my life. I recognise that You need to be the one sure foundation in my life. Help me not to be moved by negative or challenging circumstances. Help me to stand valiant and strong. I know that with You with me nothing in life can overcome me. I give You thanks for this truth and I desire to serve You in obedience to Your perfect will for me. Thank You for the victory that You have won for me on the cross.

Please Lord, forgive me for all my sins and help me to live this life of obedience. Please show me where I need to change. I confess my dependence on You today. Help me to die to my selfishness and be alive to the purposes You have for me at all times.

Please fill me afresh with the Holy Spirit. Please Holy Spirit guide, lead and equip me for today. Help me to live my life in successful yet an 'others-centred' way. Help me to be sensitive to Your leading at all times, that I might do what is right and honourable for You. I recognise that I need Your strength and constant encouragement, Lord Jesus. AMEN

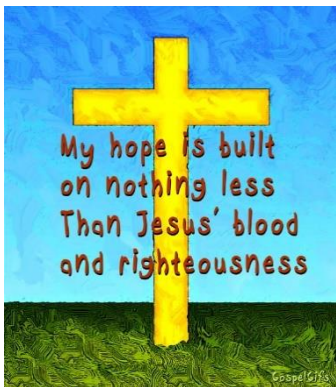


Day 22

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” Phil 4:6, 7

Lord, I thank You that You love me and want me to live a wonderful life free from the power of sin. I ask for Your help with my sinful nature. Please help me to take my focus away from wrong thoughts about: sex, wanting my own way, wanting what other people have, wanting more than I need, telling lies to get my own way, anger towards others, wanting to take from others and speaking bad things about people. Help me to choose: Your truth, meaningful activity, generosity, encouragement, kindness, compassion, forgiveness, obedience, humility, gentleness and patience.

Guard my imagination so it can only dream the dreams that You would have me dream for the wonderful future You have planned for me.

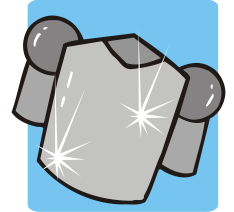


Help me to grow in faith in You and to know the victory in life as I walk by faith in You and not by the lies and deceptions I see around me. Help me to think on things that are wholesome and pure, only the things that are pleasing to You. I pray in Jesus' mighty name, AMEN

Day 23

“Remember your Creator in the days of your youth, before the days of trouble come and the years approach when you will say, “I find no pleasure in them”. Ecclesiastes 12:1

Lord Jesus, help me to remember You today. I thank You that You choose to take all my worries, fears and things that weigh me down. I ask that I might be able to live free from any heaviness today. Lord Jesus, help me to give You thanks, praise and honour throughout this day. I pray that the Holy Spirit would bring words of Scripture and songs of praise to my mind especially when times are tough.



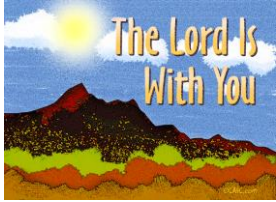
Help me to walk in Your victory and protect me from being lazy and unproductive. Please show me where You want me to be and what You want me to do today. Help me to live in Your purposes knowing You want the best for me.

Please help me to think Your thoughts and not conform to the thinking of the people and culture around me. Keep my mind centred on You and Your ways. Help me to walk in Your abundant grace.

Help me to do the things I know I should do. I thank You for the power of Your Word and the presence of the Holy Spirit. AMEN

Day 24

“Don’t let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity.” 1 Timothy 4:12



As I come before You this morning Lord Jesus, I acknowledge that You have great power and want to be part of all areas of my life. I thank You, Lord Jesus, that You are present with me through Your precious Holy Spirit. Help me to live a life that is an example in my speech, my love, my faith and purity.

I pray for the covering of the blood of Jesus over the physical, spiritual, emotional, soul and will areas of my life. I pray that they would each be under the Lordship of Jesus Christ at all times. Please protect me from errors, lies and deceptions. Thank You that Your truth sets me free.

Help me to be sensitive to the leading of the Holy Spirit at all times, that I might do what is right and honourable for You, Lord Jesus. In Jesus Christ’s name, I cut off all unhelpful sensitivity, shame and wounding of a wounded spirit and bruising from what people have said to me.

Please Lord Jesus, help me to stand fast against the wiles of the devil at all times in my life. Place on me Your protective armour and help me to stand. Help me to rest in Your peace at all times. In Jesus Christ’s name. AMEN

Day 25

“For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11

As I come before today Lord Jesus, I ask for Your help to protect my heart from all sin, needless guilt, fear, anger and bitterness towards anyone, rebellion against You, parents or any authority, thinking of myself being better than others, feeling rejection from someone, feeling self-righteous or judgemental towards anyone.

I pray for the things that You have given me responsibility for at home, school or employment and in my Christian family (church). Please protect and guide all that I do so they bring glory to You. Please provide all I need to accomplish all my tasks, including resources and people support. Help me to be productive in all I do.

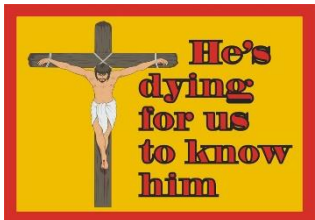


Please Lord Jesus, help me to bring Your light and presence wherever I go and to love people with Your love today. I pray for Your leading and guidance and grant me wisdom and courage to do Your will. Help me with my conduct and attitudes. Please Lord, extend my influence this day for Your glory and the growth of Your loving rule. In the name of Jesus Christ, AMEN

Day 26

“Children, obey your parents in the Lord, for this is right. Honour your father and mother - which is the first commandment with a promise - that it may go well with you and that you may enjoy long life on the earth.” Eph 6:1-3

Lord God, I thank You that Your love and mercy is fresh and new this morning. Thank You for this new day. I praise, honour and worship You, my God. You are Lord, King of the Universe, able to do all things, all loving, totally just, the Glorious King. Thank You Father God, for sending the Lord Jesus Christ to save me and the Holy Spirit to help me. I thank You that I am Your child and co-heir of the Kingdom, Your servant and friend. Thank You Lord, for the glorious gift of salvation. Help me to be obedient and honouring to my parents and all in authority over me.

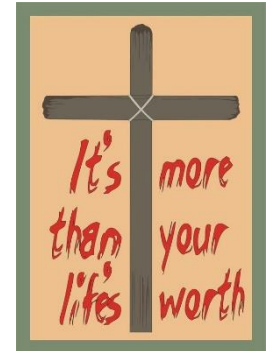


In Jesus' name help me resist all the forces that would seek to wrongly influence my thinking. Lord Jesus please renew my mind today. I ask that my mind be clear and focused on You, filled with joy, peace and love. Help me make wise decisions through this day. In Jesus' mighty name, AMEN

Day 27

“He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.” Isaiah 40:29-31

Thank You, All-Powerful God, that You are closer than the air that I breath. You choose to speak to me through the Bible and in many other ways. I thank You for the Bible. Please help me to read it and remember and apply it throughout this day. Help me to take time to listen and please tune me in to Your Spirit's whispers.



Jesus I pray for the covering of Your royal blood over all areas of my life. Please help me to keep all areas of my life under Your loving rule. Please help me to guard my rest and recreation. Help me to maintain a good balance between activity and taking time out. Please help me maintain my health and develop wise habits regarding diet and exercise.

I thank You Jesus that You hear my prayers. Help me to be a shining light for You today. AMEN

Day 28

“Listen, my son, to your father’s instruction, and do not forsake your mother’s teaching. They will be a garland to grace your head and a chain to adorn your neck.”

Proverbs 1:8-9

Lord, You love me so much. Thank You for sending the Holy Spirit who contains Your character. Please fill me afresh today and help me choose to put on things in Your character like: mercy, kindness, humility, meekness, longsuffering and unfailing love. I welcome Your peace to rule my heart. I know it is good when Your Word influences my will and motives. Help me to know and do Your will and to remember to give You thanks. Please help me to be respectful of my parents’ instructions.

Thank You that You are faithful to complete the work You have begun in my life. Let the thoughts I have in my heart and the words that I speak be pleasing to You. I commit my words and attitudes to You so that I won’t sin. Nothing is too difficult for You. Help me to have a pure heart and strengthen me for the spiritual battle this day. Keep me focused on You for all my needs, Lord Jesus. AMEN



Day 29

“Your word is a lamp to my feet and a light to my path.”

Psalm 119:105

Father, I acknowledge You this day as my God, the Alpha and the Omega, the start of time and the end of time. Thank You that I am safe and at peace with You. Thank You for the gift of sleep. Father, I submit to You my body, soul, mind and spirit, conscience and sub-conscience. Help me to totally yield to Your will today.



Please Lord Jesus help me this day in everything that I do. Guide and direct me in every step that I take with the help of Your Word.

Protect me from evil influences in my own flesh, the culture that surrounds me and the devil himself. Please cover me with Your blood and surround me with Your angels. Please place a hedge around me so that the enemy cannot attack me this day. Please forgive me for my sins that open me up to the enemy's desires.

Jesus please help me to know what Your best is for me and help me have courage to live for You. Help me to see things through Your eyes. Put Your words in my mouth so that I can speak the words You’d have me speak this day. Please guide every step I take this day. Thank you Lord Jesus. AMEN

Day 30

“Be strong and courageous. Do not be terrified, and do not be discouraged, for the LORD your God is with you wherever you go.” Joshua 1:9



Father God, in the name of Your Son Jesus Christ I submit to You afresh and give You authority to minister to me. I love and trust You. I dedicate my life, spirit, soul and body to You. I dedicate all aspects of my life to You including my finances and my belongings. I ask for Your help to bring

all thoughts, emotions, influence and actions into alignment with Your will and purposes for me. I commit all my activities to You that I might be strong and courageous because You are with me.

I ask the Holy Spirit for a fresh infilling to help me to discern Your voice, to lead me and guide me in my life today. I give You permission to be the leader over me so I can grow to be more Christ-like in my conduct and attitudes.

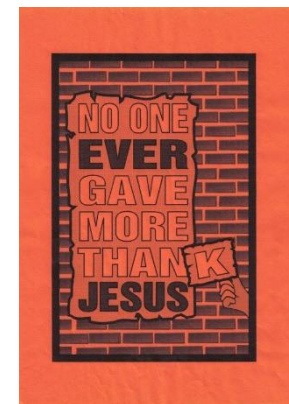
I pray for a covering of the blood of Christ over my body, mind, soul, will and emotions. Help me to stay totally submitted to You in every area of my life. In Jesus' name, AMEN

Day 31

“So flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call on the Lord from a pure heart.” 1 Timothy 2:22

Father God, thank You for your protection and care. I place the full armour of God on me, the belt of truth, the breastplate of righteousness, the helmet of salvation, the shield of faith, the shoes of peace and I take up the sword of the Spirit. Please help me stand in Your armour and use the divine weapons that you have given me today. Help me to be prayerful at all times.

In the name of the Lord Jesus Christ, I ask for a hedge of protection to be around my home and my possessions today and I ask that warrior angels would be placed to stand guard. Help me to not give in to my passions but help me to go after righteousness, love and peace. Help me have a pure heart.



Lord, please fill me afresh with Your Spirit so I might be an example; showing Your love, joy and peace to others today. In Jesus' name, AMEN

Resources to Equip

Hearing God's Whispers

Speak Lord for I'm trying to Listen! Kathryn's testimony

Hearing the Holy Spirit's Whispers - Creative Reflection I, II and III

Spiritual Protection

Spiritual Protection for Home and Family – Biblical Principles

Spiritual Protection for Home and Family –Daily Prayers

Personal Spiritual Protection - Prayers to Maintain Christ's Victory

Spiritual Protection for Christian Leaders

Spiritual Protection for Intercessors

Prayer

Just a Few Tent Pegs – Build Your Kingdom Here Prayer Tour 2015 Story

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